

High School 101



Joane Cardinal-Schubert High School



learning | as unique | as every student



Calgary Board
of Education



Joane Cardinal-Schubert Foundational Beliefs

- Learning is personalized
- Relationships are central to our purpose
- High School Design, competencies and outcome-based assessments are embedded into our practice



Joane Cardinal-Schubert School Council & Parent Society



YOU'RE INVITED

JCS SCHOOL COUNCIL &
FUNDRAISING SOCIETY

ANNUAL GENERAL MEETING

DATE

Thursday, June 18, 2026

TIME

7:00 PM

LOCATION

JCS

School Council & Parent Society play an integral role in supporting the school through advisement, fundraising, and volunteerism.

⚠️ All roles are up for annual election. We must fill these positions to remain eligible for the casino fundraiser, which generates over \$85,000 for our students' learning resources!

Open Positions:

- ◆ School Council: Chair, Vice-Chair, Secretary, Volunteer Coordinator, Key Communicator.
- ◆ Parent Society: President, Vice-President, Secretary, Treasurer, Casino Coordinator, Directors at Large.

📧 Questions? Reach out to Heather Johnson at JCSCouncilandFundraising@gmail.com



Administration & Student Advisors

Principal: Mr. Glassford

Last Names A-G: **Mr. Brown** – Assistant Principal
Ms. Maynes – Student Advisor

Last Names H-N: **Ms. Lloyd** – Assistant Principal
Mr. Regnier – Student Advisor

Last Names O-Z: **Mr. Zajiczek** – Assistant Principal
Ms. Melrose – Student Advisor

EAL, Indigenous, The Class and K&E students: **Mr. Kennedy**
Off campus coordinator: **Mr. Gelfand**
Student Wellbeing: **Ms. Eyre**



Successful Transitions to High School Different from Junior High

- More freedom – can be a challenge for some students
 - Adolescents test boundaries & rules
- Length of classes (90 minutes)
 - Longer classes require increased sustained focus
- Increased responsibility - students are expected to be independent
 - Learning to be proactive & accountable is a process





Successful Transitions to High School Attendance

- Believe those emails & phone calls!
- Consistent attendance is a critical factor in student success
- Classes often cover new material every day in class - an excused absence does not excuse work.
- Pace of classes is much faster, workload is higher
- Consider how / when you are making vacation plans. Missing a week or more of school can be challenging for students.
- Students who will be absent for 3 or more days - complete an 'Extended Absence' form





Successful Transitions to High School Academics

- Academic Placement is very important
- Regular homework / review / studying (1-2 hrs a day)
 - There is always something to review or practice daily
- Changes in usual grades & marks
 - Don't panic – it's a learning curve for everyone
- To experience and try new things
 - Option classes can bring out new interests and skills
- Monitor and follow marks through PowerSchool



Advanced Placement Classes

- AP Cohort sections are offered in Grades 10 & 11
 - They are an *enriched and challenging* learning experience
- Advanced placement (AP) courses start in Grade 12
 - Include Alberta curriculum & AP College Board content
- AP exam marks are not reflected on the student's transcript.
- Grade 12 Students share AP exam results with post-secondary institutions.



Advanced Placement Classes



Grade 10	Grade 11	Grade 12	AP Exam
English 10-1 Cohort AP	English 20-1 Cohort AP	Sem 1 – English 30-1 Sem 2 - English 35	AP English Literature & Composition
Math 10C Cohort AP	Sem 1 – Math 20-1 Sem 2 – Math 30-1	Sem 1 – Math 31 Sem 2 – Calculus 35	AP Calculus
	Biology 20 Cohort AP	Sem 1 - Biology 30 Sem 2 – Biology 35	AP Biology
Science 10 Cohort AP	Chemistry 20 Cohort AP	Sem 1 – Chemistry 30 Sem 2 – Chemistry 35	AP Chemistry
	Physics 20 Cohort AP	Sem 1 - Physics 30 Sem 2 – Physics 35	AP Physics



Knowledge and Employability (K&E)

80 Credit Minimum - High School Certificate of Achievement

- Placement --> referral from junior high + parent / guardian consent
- Emphasis on essential knowledge and employable skills
- Focus on reading, writing, and mathematical literacy
- Less academically demanding - greater focus on hands-on experiential activities
- Students may transition to high school academic program



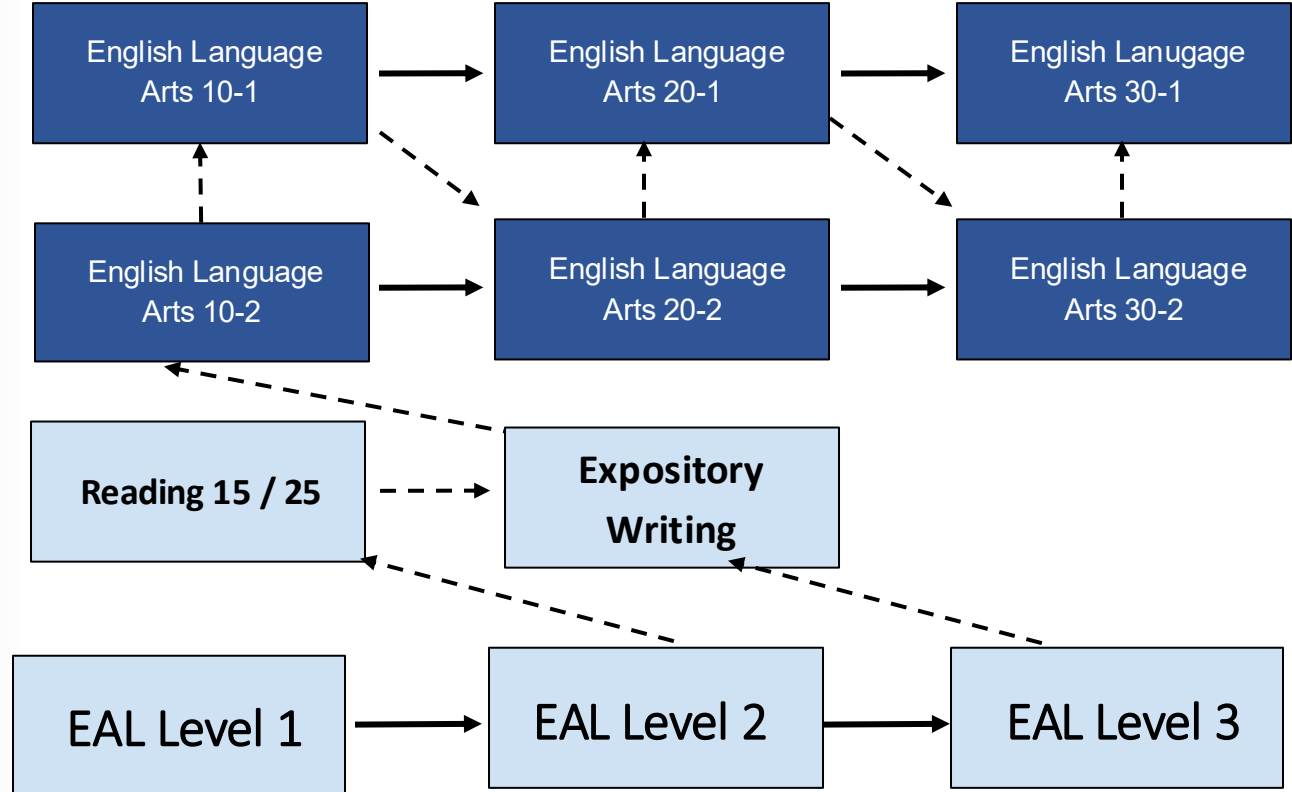
English as an Additional Language (EAL)

- Language Proficiency Scale (LP)
 - **LP1:** Beginner
 - **LP2:** High beginner
 - **LP3:** Intermediate
 - **LP4:** High intermediate
 - **LP5:** Advanced
- To join mainstream High School Diploma classes, EAL students need to be at a **solid LP3 level**.
- EAL Students will be benchmarked at the beginning of year, and ongoing throughout the year.





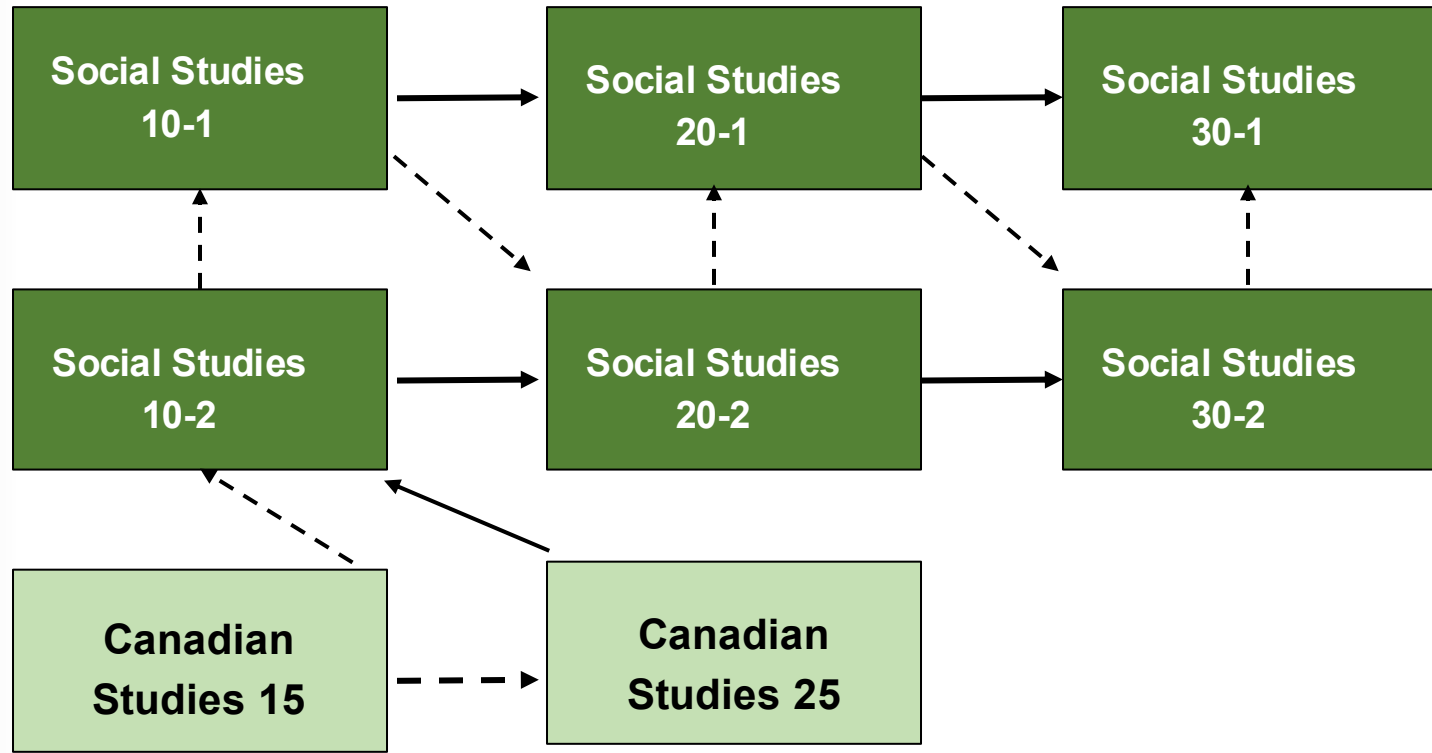
English Class Progression – EAL Students



Each course is 5 credits

————> Typical Progress
- - - -> Possible Progress

EAL Social Studies Course Progression



Each course is 5 credits

————> Typical Progress
- - - -> Possible Progress



High School Diploma Requirements

- 100 Credits Minimum**
- English 30-1 **or** 30-2
- Social Studies 30-1 **or** Social Studies 30-2
- Math 20-1 **or** Math 20-2 **or** Math 20-3
- Science 20 **or** Science 24 **or** Bio 20 **or** Chem 20 **or** Physics 20
- Phys Ed 10
- CALM 20
- Ten credits in CTS, Second Languages, Fine Arts, **or** PE 20 **or** PE 30
- Ten credits in 30-level courses *besides* English & Social Studies



Courses & Credit Information

- **Typical Full Course = 5 credits per class**
 - 4 classes per day = 20 credits per semester
- **Credit is earned with a mark of 50%+**
- Half courses (CALM) are 3 credits.
- CTS modules are 1 credit and are grouped together
- **Course levels:**
 - Grade 10 are 10/15 (ie. Science 10 / Math 15)
 - Grade 11 as 20/25
 - Grade 12 as 30/35



Grade 10 Course Registration

- **Four academic courses:**
 - English, Social Studies, Math, & Science
- **Physical Education 10**
- **Three complementary/option courses (+ three alternates)**

- **Timetable Example for Each Semester:**
 - 2 academics + 2 options
 - 2 academics + 1 option + P.E. 10





Grade 10 Sample Schedule

ms		1	2	3	4
S1	T1	English Language Arts 10-1_cohort Outcom ELA1105OB.111 Anderson, Megan A Room: 3612	Mathematics 10C_cohort Outcomes- Based MAT1791OB.121 Jones, Jennifer D Room: 2207	Drawing 15 LDC1859.131 Hendry, Caroline L Room: 2304	Physical Education 10_5 cr PED14455.143 Melrose, Erin A Room: 1703
	T2				
S2	T3	Social Studies 10-1_cohort Outcomes- Base SST1771OB.211 Grant, Erin S Room: 2411	Legal Studies Intro LGS10XX.221 Gilbertson, Kendra D Room: 3615	Cosmetology Intro COS10XX.231 Parmiter, Vanessa Room: 2415	Science 10 SCN1270.241 Dow, Sheila S Room: 2308
	T4				



A day in the life of a JCS student

Optional sidebar
title/text/date



Bell Times	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 - 10:30	P1	P2	P1	P2	P1: 9:00 -10:00
10:33 - 12:03	P2	P1	P2	P1	P2: 10:00 – 11:03
12:03 - 12:35	LUNCH				11:03 – 11:12 Break
12:35 - 2:05	P3	P4	P3	P4	P3 : 11:12 – 12:12
2:05 - 3:38	P4	P3	P4	P3	P4: 12:15 – 1:15

J-Blocks

(AM) 7:30 – 9:00 am

(PM) 3:30 – 5:00pm

Sports performance, Band, Choir,
some AP courses

Raven Time

- Information Sessions & Community Building
 - Required attendance
 - Occurs aprox 1-2 month
- Example: Remembrance Day Assembly



High School Semester System

Semester 1

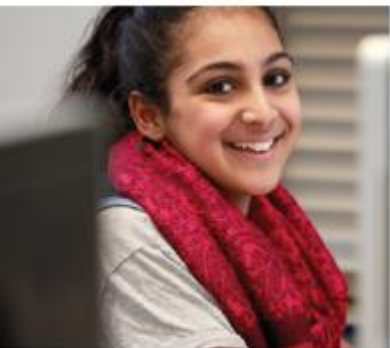
September to January

- Meet the Teacher
- Parent / Teacher Conferences
- Mid-term reporting period
- Final exams in January
- Final report card for Semester 1 at the end of January available on PowerSchool

Semester 2

February to June

- Registration for next school year in the Spring
- Parent / Teacher Conferences
- Mid-term reporting period
- Final exams in June
- End of full-year core classes
- Final report card for Semester 2 at the end of June available on Power School





Outcomes-Based Assessment

- Grades are based on student performance of key course outcomes.
- Communicates information about the student's depth of understanding for each key outcome instead of a single, overall grade.
- Final grades (percentage) are based on the student's most recent and consistent demonstration of the key outcomes instead of an accumulation of points that are averaged and weighted.



What grade would you give based on their performance on this outcome?

Unit A	Regnier	Melrose
Quiz 1 (Formative)	60	90
Quiz 2 (Formative)	55	90
Lab (Form/Summ)	72	65
Unit Exam	75	55
MidTerm?	85	45

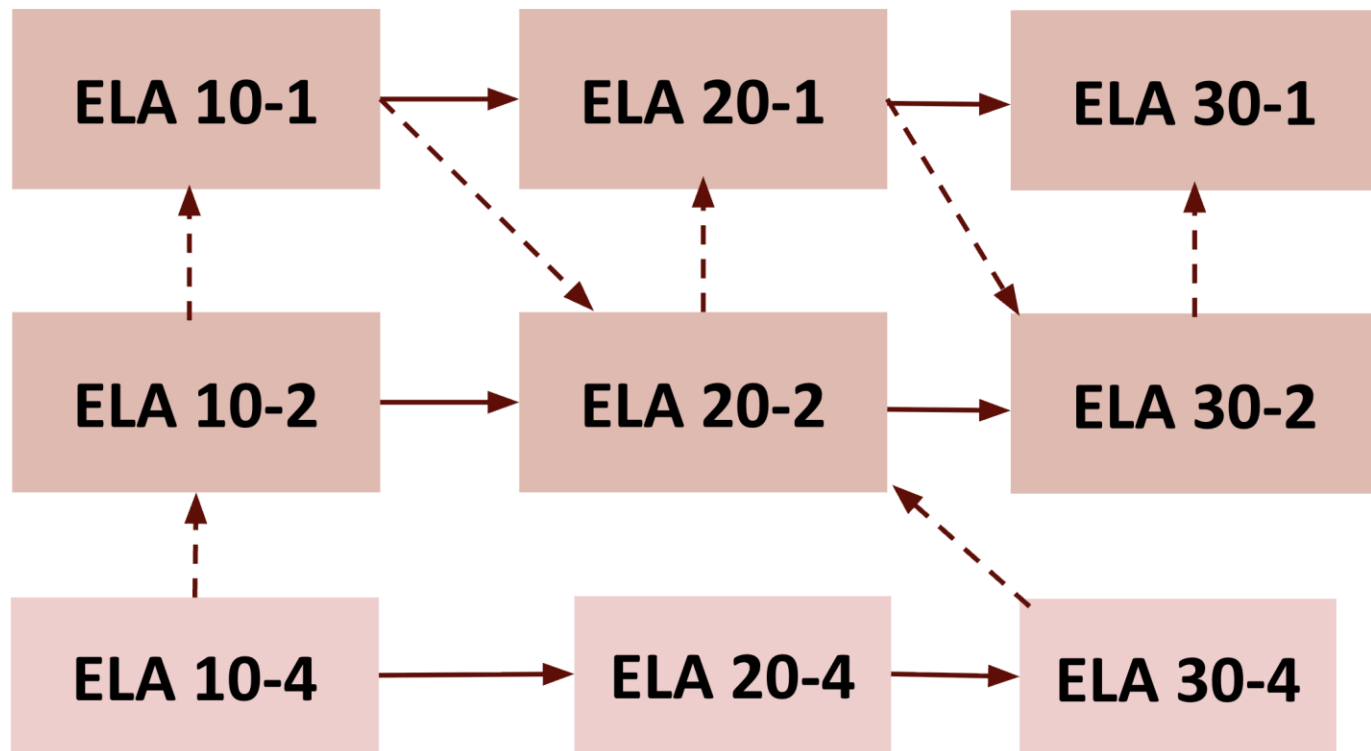
Outcome Based Assessment - OBA

- Grades are based on student performance of key course outcomes.
- Final grades are reported in percentages.
- Final grades based on most recent and consistent demonstration of the key outcomes. Not accumulation of points.

Beginning		Developing		Proficient		Exemplary	
1	2	1	2	1	2	1	2
<p>The student demonstrates a level of understanding and/or skill that is not yet meeting expectations of the course outcomes.</p> <ul style="list-style-type: none"> ▪ The quality of work may be vague and/or undeveloped. ▪ Targeted adjustments to planning and instruction will be necessary for further learning in this area. 		<p>The student demonstrates a basic level of understanding and/or skill that meets expectations of the course outcomes.</p> <ul style="list-style-type: none"> ▪ The quality of work may be adequate and/or concrete. ▪ Adjustments to planning and instruction may be necessary for further learning in this area. 		<p>The student demonstrates a well-developed level of understanding and/or skill that meets expectations of the course outcomes.</p> <ul style="list-style-type: none"> ▪ The quality of work may be clear and/or well-reasoned. ▪ The student can be confident of being prepared for further learning in this area. 		<p>The student demonstrates a mastery level of understanding and/or skill that meets expectations of the course outcomes.</p> <ul style="list-style-type: none"> ▪ The quality of work may be perceptive and/or insightful. ▪ The student can be confident of being prepared for further learning in this area. 	
20%	40%	55%	65%	75%	85%	95%	100%

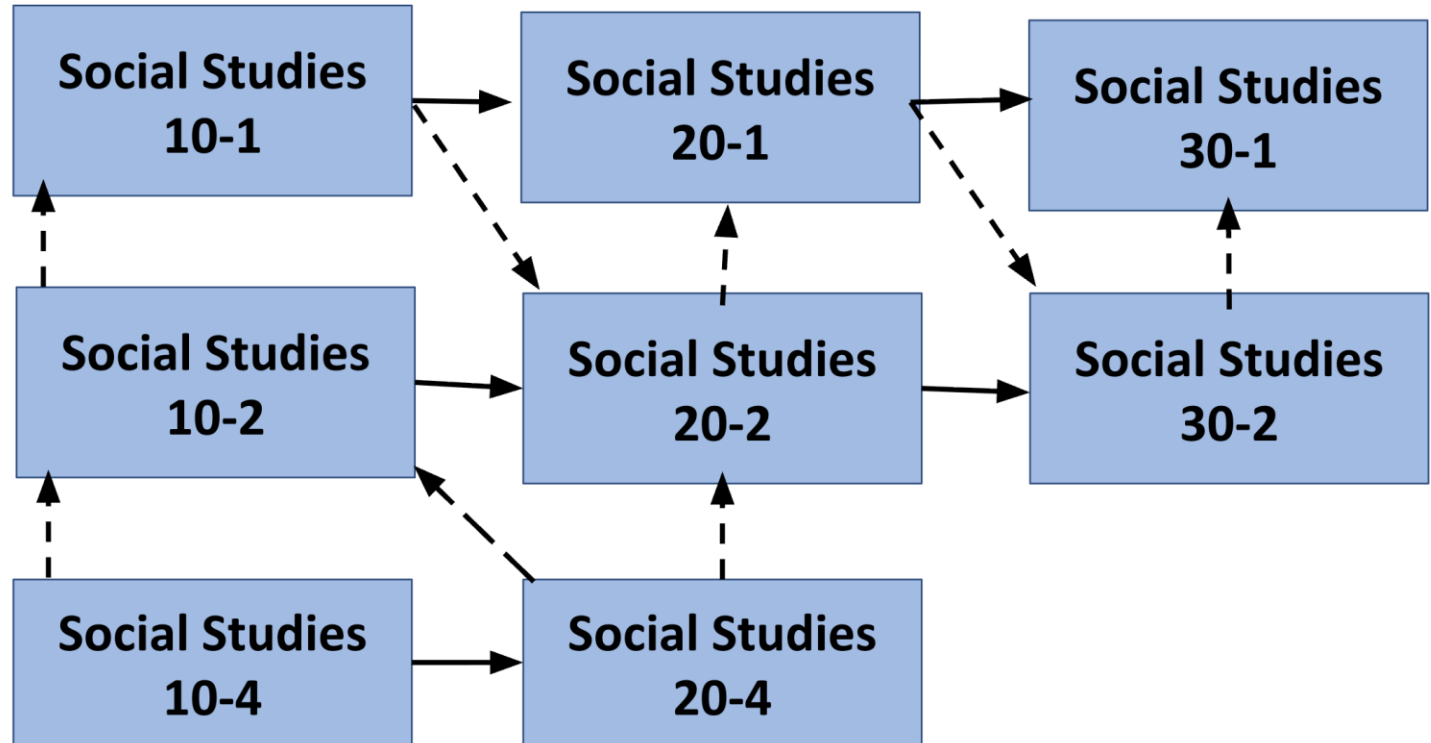


English Language Arts Course Progressions



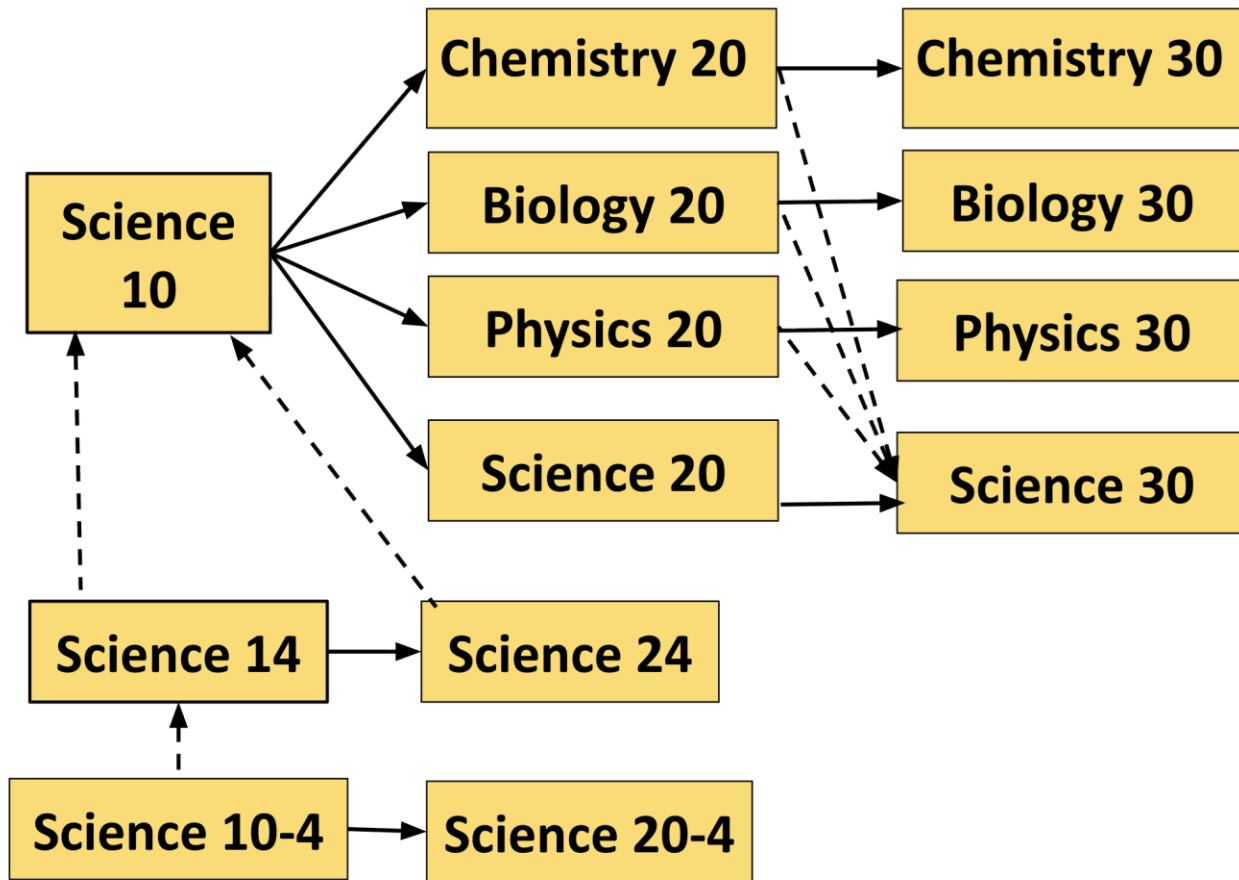


Social Studies Course Progressions





Science 10 Course Progressions





Math- Course Options for Grade 10

Math 10C- the “C” stands for combined. This course is the starting point of -1 and -2 sequenced courses. By successfully taking this course, you will be able to take 20-1 or 20-2 math in Grade 11.

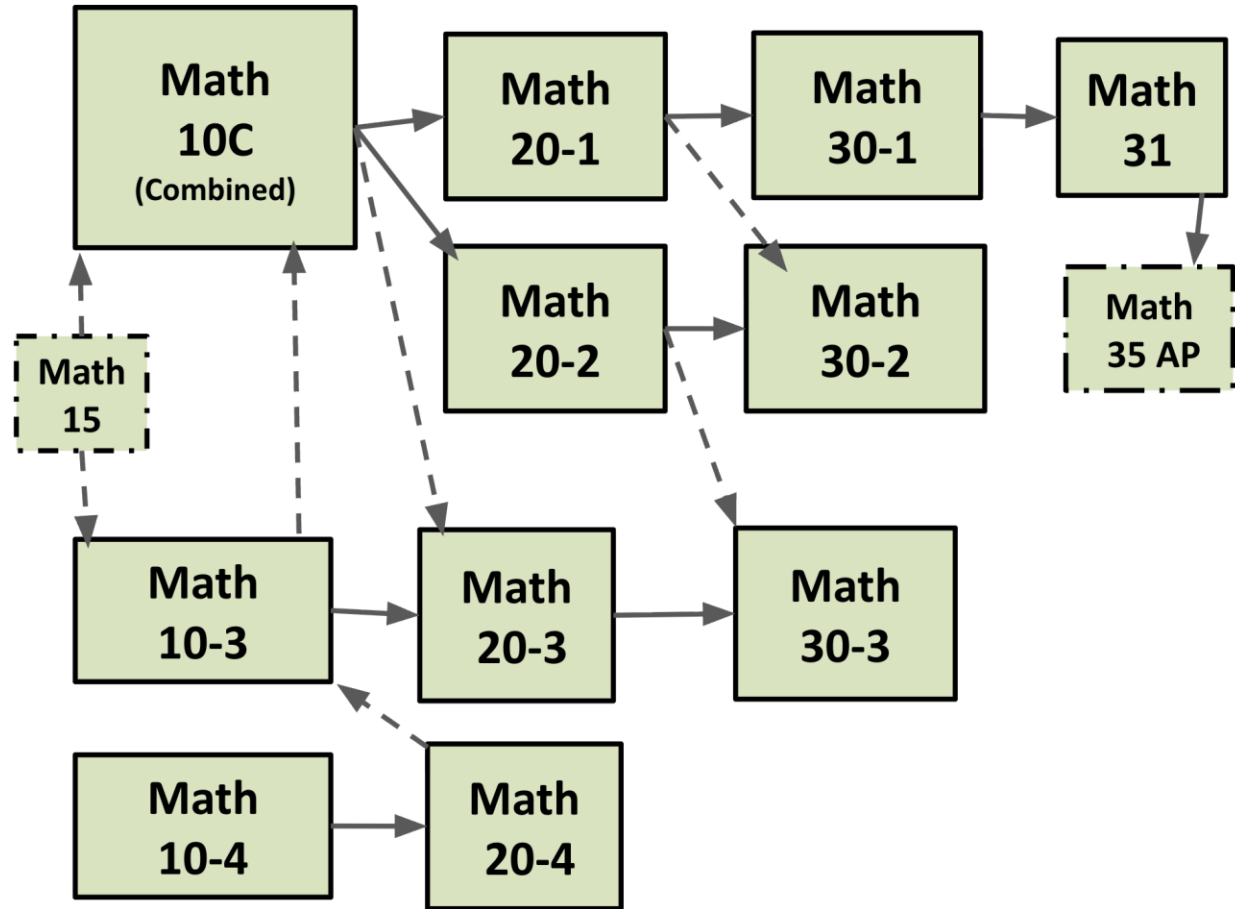


Math 10-3 - a practical, applied math course for students needing to solidify Grade 9 concepts, focusing on real-world applications. Successful completion of this course will allow you to continue taking applied math in grade 11 (20-3)



Math 15- is a preparatory course designed to build foundational skills for students and help with the transition to **Mathematics 10C**. You would take this course in first semester and then proceed into 10C math in second semester. This course would be one of your options choices for Grade 10.

Math Course Progressions





Tutorials & Academic Support

- Times, Dates & Locations Posted on JCS Website, Course Outlines, Instagram, TV's, Posters around JCS
- Individual Teachers, and departments have scheduled tutorial times
- *Don't wait* to seek support





Individual Program Plan

- In September our IPP Coordinator matches students with an IPP Teacher Advisor
- Students meet with their IPP Advisor regularly to discuss supports and goals
- Student Voice is paramount in the IPP Process
 - JCS focuses on building independence in all students
- *IPP's in high school *cannot* include course modifications



Complementary Subjects

CORE COURSES /
SOME OPTION
COURSES



5 Credits

CTS
COURSE

5
credits
total

1 Credit

1 Credit

1 Credit

1 Credit

1 Credit



Complementary Courses

Career and Technology Studies (CTS)

Business Studies	Computing Science
Construction Technology	Cosmetology
First Responder	Foods Culinary Arts
Legal Studies	Outdoor Pursuits
Photography	Robotics
Sports Medicine	Sports Performance

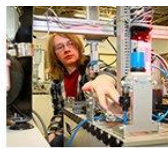
Complementary

Astronomy	Creative Writing
Film and Media Studies	French
Learning Strategies	Spanish



Complementary Courses

Fine Arts	
Art	Ceramics
Choral and Choir	Dance
Drama	Drawing
General Music	Instrumental Music & Band
Painting	Technical Theatre



Unique Pathways & Off-Campus Education

Work Experience

Registered Apprenticeship Program (RAP)

Dual Credit

For more information online search:

CBE Unique Pathways or visit Mr. Gelfand





Raven Sports



FALL SPORTS

GIRLS VOLLEYBALL

*tryouts in August

BOYS VOLLEYBALL

*tryouts in August

FOOTBALL

*tryouts in August

GIRLS SOCCER

CROSS COUNTRY

GOLF

WINTER SPORTS

BOYS BASKETBALL

GIRLS BASKETBALL

SWIMMING

CURLING

BADMINTON

SPRING SPORTS

BOYS SOCCER

GIRLS RUGBY

BOYS RUGBY

GIRLS FIELD HOCKEY

TRACK AND FIELD



Key Dates for 2026-27 School Year Start-Up

- Monday August 17th - Timetables Released
 - A Microsoft Form will be sent to families to request changes if needed
- CBe-Learn online class requests open*
- Monday August 31 – First day of Classes

FIRST DAY
OF School!

Monday August 31, 2026

First day of Classes



Morning: Grade 10's only

9:00am – 12:03

- Welcome to JCS assembly
- Link Crew tours & activities

12:03 – 12:35 – Hot Dog Lunch!

- For all JCS Students
- Hallal Options available

After lunch: Grades 10, 11, 12

12:35 – 1:20 – Period 1 class

1:20 – 2:05 – Period 2 class

2:05 – 2:50 – Period 3 class

2:50 – 3:38 – Period 4 class

*A quick rotation through their timetables, to meet their teachers and learn where their classes are.

What should I bring on the first day?

- Backpack or bag
 - Water bottle, snacks, & lunch
 - A binder / folder to hold any paper
 - A few pencils & pens
 - *Lockers will be offered to students – they can choose a person to share with.
-
- Teachers will provide a course outline within the first few days of class with a list of required materials.
 - In general, teachers do not provide course materials in CORE classes
 - Options classes may require some materials, or the teacher will provide them from fees that are collected.





Need More Information?

- **School Website:**

www.joanecardinalschubert.cbe.ab.ca

- Weekly **RAVEN POST** – lots of information for families!

- **CBE – Get Ready-Get Set-Go For It Document**

- <https://cbe.ab.ca/programs/high-school/Documents/Get-Ready-Get-Set-Go-For-It-Short.pdf>

- Consult with current Junior High Staff and Teachers
- School Messenger (emails from teachers)



PowerSchool

Attendance

Academics & Grades

Pay Fees

Progress Towards Diploma

Book Parent Teacher Interviews

Forms & Registration



D2L

(Pulse APP)

Accessing course materials*

Submitting Assignments

View Evaluations of

Assignments

Tracking Class Progress



myPASS

Order high school transcripts

View diploma exam marks

Register to write diploma exams & online payment

View & print Detailed Academic Reports (DAR)

View progress towards a credential

Thank you for attending!

We look forward to working with you
and your student.

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